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HAIFA A M ALSHAMSI

Haifa Abdulwahab AlShamsi
Clinical Psychologist.
Bachelor of Education in the Field of clinical psychology-
King Saud University, Riyadh, KSA.

MSc in Healthcare Management, Manama, Bahrain.
Institute of Leadership.
Royal Collage of Surgeon in Ireland.

Experience in Psychotherapy working with adolescent, and children.

CO- Founder, Board Member in Zahra Breast Cancer association

Founder , Blossom Psycho-education Support group for Breast Cancer Survivors.

PERSONAL INFORMATION

- Marital status: Married.
- Nationality: Saudi.
- Date of Birth : Aug,11,1973
- Place of Birth: Beirut –Lebanon

EDUCATION

- 2014 MSc in Healthcare Management, Manama, Bahrain.
Institute of Leadership.
Royal College of Surgeons in Ireland.
- 1996 **The king Saud University**, Riyadh, K.S.A
Bachelor of Education in the Field of Psychology with second-class honors.

WORK EXPERIENCE

SHCS# 11-R-A-0053554

- Dec 2009 – current **Psychologist at** Psych care Clinic.
- July 2018-Dec 2018 **Psychologist at Center of Autism Research (KFSH)**
- June 2014 – July 2017 **Psychologist** at Ministry of Health Child Development Center.
- December2009-June,2011 **Psychologist at** king Khaled medical city, Obesity research center
- November1998- July18, 2009

Psychologist at King Fahad National Guard Hospital. Riyadh, Saudi Arabia

- Psychometric (IQ test, neuropsychological assessment, personality assessment)
- Working with Adult and child IP/OP
 - Individual therapy w/Adults
 - Depression
 - Anxiety
 - OCD
 - Child therapy
 - Member in child Mental Health clinic since 2006.
 - Assessment IQ- personality.
 - Behavioral & Cognitive Therapy.
 - Depression
 - Anxiety
 - OCD
 - Behavioral Problem.
 - Parents counseling.
- Working with parent support group (ADHD) in the clinic.
- Working with the liver unit (work up for liver transplant)
- Working with the nephrology unit (work up for kidney transplant)
- Responsibility of Interns and volunteers.
- Developing the trainee program in the Psychology Clinic.
- Working with Siamese Conjoined Twins, Oct, 2006.

- Jan 2009
 - **Cochlear implant-** (one of the team member) developing the psychological Guidelines for cochlear implant patient.
- Feb 2009
 - **Autism clinic-** (one of the team member).
- January 2005
 - Employee of the month 1st honor.
- March- April 2003
 - Clinical Psychologist as a locum at **Mental Health hospital**, Riyadh, Saudi Arabia.
- March 1997
November 1997
 - Clinical Psychologist at **the Rehabilitation Center for Handicapped**, Riyadh, Saudi Arabia.
- May – July 1996
 - Clinical Psychologist Intern at **Mental Health Hospital**, Riyadh, Saudi Arabia.
- 1994 – 1996
 - Clinical Psychology Practicum at **Armed Forces Hospital**, Riyadh, Saudi Arabia.

TRAININGS & CONTINUING EDUCATION:

<u>Apr-Jun</u> <u>29-3, 2020</u>	ACT for Adolescent (Acceptance and Commitment Therapy), Online ACT Course.
<u>Feb</u> <u>6.11.2020.</u>	Erickson The Art & Science of Coaching, Riyadh, KSA.
<u>Dec</u> <u>7.8.2019.</u>	International Saudi Plastic Surgery Congress, Riyadh, KSA. Craniofacial Anomalies and Cleft Symposium.
<u>Feb</u> <u>21-23 2019</u>	Youth and Mental Health: Vision 2030, Riyadh, KSA.
<u>Nov</u> <u>9.14.2018</u>	Erickson The Art & Science of Coaching, Riyadh, KSA.
<u>March</u> <u>14-15-2018</u>	The 4 th national Meeting on Psychotherapy, Riyadh, KSA.
<u>March</u>	Professional Training in Psychological Support For Cancer Patient, Riyadh, KSA.

<u>2018</u>	
<u>OCT</u> <u>11-12-13, 2017</u>	Parents Plus Children Program (PPCP), Dublin, Irland.
<u>May</u> <u>14-18, 2017</u>	Breast Cancer Educator Course for health Education, Riyadh, KSA.
<u>Mar</u> <u>2018.</u>	THE 3 RD National Meeting On Psychotherapy, Riyadh, KSA.
<u>Mar</u> <u>23rd -24th 2016.</u>	The 2 nd National Meeting On Psychotherapy, Riyadh, KSA.
<u>Mar</u> <u>7th - 9th 2016.</u>	Incredible Years Training Program School age 6 to 12 years, London, UK.
<u>Jan</u> <u>30,2016.</u>	4 th INTERNATIONAL CHILD AND FAMILY BEHAVIROAL HEALTH CONFERENCE, Abudhabi, UAE.
<u>Jan</u> <u>30,2016.</u>	Practical Behavior Management Strategies From Applied Behavior Analysis to improve QOL with Autism.
<u>Jan</u> <u>30,2016.</u>	Cognitive Behavior Therapy with Children, Abudhabi, UAE.
<u>Mar</u> <u>2015</u>	The 1 st National Meeting On Psychotherapy, Riyadh, KSA.
<u>October</u> <u>9-11,2010</u>	Presentation & facilitation skills course, khobar, KSA.
<u>APRIL</u> <u>3 & 4, 2010</u>	Autism Awareness & Educational Activities Week ,Riyadh ,KSA
<u>March</u> <u>11-13, 2010</u>	Eating disorder & OCD Diploma, Manama, Bahrain.
<u>February</u> <u>11-18, 2010</u>	Train the trainer. Sharmalshikh, Egypt.
<u>January</u> <u>22-27, 2010</u>	Reality Therapy Course. Manama, Bahrain.
<u>Decamber</u> <u>,2009</u>	Stress management. Riyadh, Saudi Arabia.
<u>Nov</u> <u>15-20, 2008</u>	Family therapy Course .Riyadh, Saudi Arabia.
<u>Aug</u> <u>27-31, 2008</u>	International Union against Cancer UICC. Geneva, Switzerland.
<u>April</u> <u>8-9, 2008.</u>	Reconstructive & aesthetic Breast Surgery Workshop. Riyadh, Saudi Arabia.
<u>Jan</u> <u>12, 2007</u>	Autism Diagnostic interview – Revised Training course .Riyadh, Saudi Arabia.
<u>Oct 2006.</u>	Attention Deficit Hyperactivity Disorder Workshop, USA.
<u>May</u> <u>24, 2006.</u>	End of life Care Mini-Symposium Riyadh, Saudi Arabia.
<u>March 2005.</u>	1st Middle Eastern Symposium on ADHD, Riyadh, Saudi Arabia.
<u>March</u> <u>21, 2005.</u>	Mental health symposium, Riyadh, Saudi Arabia.

<u>December</u> <u>7-8, 2004.</u>	Attention Deficit Hyperactivity Disorder Symposium. Riyadh, Saudi Arabia.
<u>April 2004.</u>	How to Deal with Emotions Workshop. Riyadh, Saudi Arabia.
<u>April</u> <u>21-25, 2003</u>	Neuro-Lingustic Programming; Riyadh, Saudi Arabia.
<u>February</u> <u>6-7, 2001</u>	International Symposium on Child & Adolescent Psychiatry; Riyadh, Saudi Arabia.
<u>January</u> <u>22-24, 2001</u>	Pediatric in Saudi Arabia in the New Millennium; Riyadh, Saudi Arabia.
<u>May</u> <u>8 – 12, 1999</u>	Autism Workshop; Riyadh, Saudi Arabia.
<u>October</u> <u>14-15, 1998</u>	Schizophrenia Seminar; Riyadh, Saudi Arabia.
<u>1998</u>	Depression Symposium; Riyadh, Saudi Arabia.
<u>November</u> <u>25-26, 1997</u>	Sexual Disorders; Riyadh, Saudi Arabia.
<u>November</u> <u>17, 1997</u>	Obsessive Compulsive Disorders Workshop; Riyadh, Saudi Arabia .
<u>April 16-18,</u> <u>1997</u>	Symposium in psychosomatic medicine and child psychiatry, Riyadh, Saudi Arabia.
<u>March</u> <u>1-3, 1997</u>	First Pan Arab Epilepsy conference; Riyadh, Saudi Arabia.
<u>March</u> <u>4, 1997</u>	7th pan Arab Union of Neurological Science conference; Riyadh, Saudi Arabia.

Presentations & lectures:

<u>Dec</u> <u>7,8,2019.</u>	International Saudi Plastic Surgery Congress, Riyadh, KSA. Craniofacial Anomalies and Cleft Symposium.
<u>Oct-Nov</u> <u>2019</u>	Blossom Psycho-education Support Group. (8 Sessions) weekly session – 3 hours.
<u>Mar-Apr</u> <u>2019</u>	Parent plus children program. (6 sessions) weekly session-3 hours.
<u>Feb</u> <u>26, 2019</u>	National program of Developmental & Behavioral Disorders, Ministry of Health, Riyadh, KSA.
<u>Nov</u> <u>11,2018</u>	National program of Developmental & Behavioral Disorders, Ministry of Health, Riyadh, KSA.
<u>Oct-Nov</u> <u>2018</u>	Blossom Psycho-education Support Group. (8 Sessions) weekly session – 3 hours.
<u>April-May</u> <u>2018</u>	Parent plus children program. (6 sessions) weekly session-3 hours.
<u>Mar</u>	Professional Training in Psychological Support For Cancer Patient, Riyadh, KSA.

<u>25-29.2018</u>	
<u>Aug 2.2017</u>	Communication skills with cancer patient.
<u>April-May 2017</u>	Blossom Psycho-education Support Group. (8 Sessions) One session weekly – 3 hours.
<u>MAY 15.2017</u>	Breast Cancer Educator Course for Health Education, Riyadh, KSA.
<u>April 22.2017</u>	Parenting Training Skills, Riyadh, KSA.
<u>April 19.20.2017</u>	The 3 rd National Meeting On Psychotherapy, Riyadh, KSA.
<u>Mar 23rd -24th 2016</u>	The 2 nd National Meeting On Psychotherapy, Riyadh, KSA.
<u>Jan 2015</u>	Communication Skills at Work, Riyadh, KSA.
<u>Apr-May 2015</u>	2 nd Blossom Psycho-education Support Group. (8 sessions) One session weekly – 3 hours.
<u>Dec 2015</u>	Mental Health Awareness, Riyadh, KSA.
<u>Feb-Mar 2014</u>	1 st Blossom Psycho-education Support Group. (6 sessions) One session weekly – 3 hours.
<u>Sep 11&13.2011</u>	Child Abuse & home Domestic violence. Riyadh, KSA.
<u>May .2011</u>	Life Style & obesity day, King Khalid University Riyadh, KSA.
<u>April 23.2011</u>	Social support and breast cancer(health educator course)) Riyadh, KSA.
<u>June 14.2010</u>	Employee Stress Management (Work Shop) Riyadh, KSA.
<u>April 29. 2010</u>	Life Style & obesity day, King Khalid University Riyadh, KSA.
<u>April 26. 2010</u>	Breast Cancer Awareness day, Riyadh, KSA.
<u>April 10. 2010</u>	Stress Management lecture, King Khalid University Riyadh, KSA.
<u>May 18. 2009</u>	Cardiovascular Disease Management program (CVDMP) “Stress Management” Riyadh, KFH
<u>April 20-22. 2009</u>	The 20 th Saudi Dental Society & 2 nd National Guard” new Dental Era International, (Dental phobia& case management). Riyadh, KSA.
<u>Jan. 2009</u>	Breast Cancer Awareness day, Alqhat, KSA.
<u>Feb-Mar. 2009</u>	The Wechsler Adult intelligence Scale, lectures for Military psychologist & trainee psychologist, KFH
<u>Nov 17. 2008</u>	Family medicine program ”Stress management” Riyadh, KFH ,KSA
<u>Oct 21. 2008.</u>	Health psychology & school. Riyadh, KSA.

<u>April 2008</u>	Breast Cancer Awareness day , Abha, KSA.
<u>May 2008</u>	Breast Cancer Awareness day , Jazan, KSA.
<u>June 6, 2008</u>	Breast Cancer Awareness day , Damam, KSA.
<u>June 31, 2008</u>	Breast Cancer Awareness day , Riyadh, KSA.
<u>May- June, 2008</u>	Attention Deficit Hyperactivity Workshop , Riyadh. KSA.
<u>Oct 15, 2007.</u>	Family medicine program " Stress management " ” Riyadh, KFH, KSA.
<u>Feb 18, 2007.</u>	Health psychology lecture Riyadh, KSA.
<u>June 7, 2006.</u>	Attention Deficit Hyperactivity Workshop , Riyadh, KSA.
<u>Jan, 2006.</u>	Attention Deficit Hyperactivity Workshop , Riyadh, KSA.
<u>Feb 18-19-20, 2006.</u>	Breast Cancer Awareness , Riyadh, KSA.
<u>Dec 2005.</u>	Breast Cancer Awareness day , Riyadh,
<u>April 6, 2005.</u>	KIDNEY TRANSPLANT Awareness day , Riyadh, Saudi Arabia.
<u>March 2005.</u>	1st Middle Eastern Symposium on ADHD , Riyadh, Saudi Arabia.
<u>March 15, 2005.</u>	Breast Cancer Awareness day , AL-Qassem , Saudi Arabia.
<u>Nov 24, 2004.</u>	How to deal with Adolescence , National Guard Schools, Riyadh, Saudi Arabia.
<u>April 18, 2004</u>	Spinabefida awareness day Riyadh, Saudi Arabia.
<u>October 2004 and 2003</u>	Breast Cancer Awareness Week , Riyadh, Saudi Arabia.
<u>April 15, 2003</u>	Spinal Bifida , King Fahad National Guard Hospital, Riyadh, Saudi Arabia.
<u>April 2003</u>	Child Mental Health lecture for parents, King Fahad National Guard Hospital, Riyadh Saudi Arabia.
<u>April 7, 2003</u>	Health Psychology for Children , Insurance Hospital, Riyadh, Saudi Arabia.
<u>December 1993</u>	Adolescence , National Guard Schools, Riyadh, Saudi Arabia.
<u>MEMBERSHIP:</u>	Zahra Breast Cancer Association , Riyadh, Saudi Arabia
<u>LANGUAGES :</u>	English, Arabic