

Nouf Mohammed Al-Dhwayan

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Saudi Arabia

Date of Birth: 5 December 1973

Marital status: Married, mother of 3

Nationality: Saudi

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Education and Qualifications:

- MSc. in Healthcare Management from the Royal College of Surgeons in Ireland, 2009-2010.
- King Saud University, Riyadh, Saudi Arabia.
Bachelors Degree in Physical Therapy with First Class Honor, (GPA 4.96 of 5) 1991-1996.
- Academy of Lymphatic studies, San Francisco, USA
Lymphedema Management Basic Certification course, 135 contact hours
May 2000.
- King Faisal Specialist Hospital & Research Centre, Riyadh, KSA.
Advance workshop on Lymphedema management, March 2003
- T.L.C. International, Centro de Estudios T.L.C., Inc.USA.
Lymphedema Therapy Trainer Certification, June, 2008.
- Official Instructor of Academy of Lymphatic studies, USA. In Gulf region.

Work experience:

June 2015 up to date: Outpatient Supervisor of the Physical Therapy Department, King Faisal Specialist Hospital & Research Centre, Riyadh, Saudi Arabia.

Overseeing the clinical and administrative operations of the outpatient clinic. Charged with managing staff from diverse background in terms of personnel action, scheduling, productivity, competency, career and professional development, personal development. Other responsibilities include Inventory, department planning as an integral part of the department Senior management group, resource management, patients' satisfaction and quality improvement, advocacy and mentorship coordination among others. Clinically oversee patient care for Lymphedema and breast cancer patients. On a broader scale, also oversee the training and competency development of Lymphedema Therapists.

22 July 2001- June 2015: Senior Physical Therapist, King Faisal Specialist Hospital & Research Centre, Riyadh, Saudi Arabia.

Coordinating the Lymphedema clinic, managing a high case load of complex patients, training Junior Physical Therapists on Lymphedema management, conducting training (lectures, seminars and workshops) on breast cancer awareness and Lymphedema management. Participating in the planning of the Physical Therapy department's new Breast Cancer Centre in Riyadh, Saudi Arabia.

5 November 1998 to 22 July 2001: Staff Physical Therapist, King Faisal Specialist Hospital & Research Centre, Riyadh, Saudi Arabia.

Covering several areas in the hospital treating patients. Started the Lymphedema clinic in the hospital as the first specialized clinic of its kind in the Middle East dedicated solely to the treatment and management of Lymphedema patients.

14 November 1997 - 5 November 1998: SCDP (Saudi Career Development Program) King Faisal Specialist Hospital & Research Centre, Riyadh, Saudi Arabia.

Broad-based clinical training in Physical Therapy rotating through all areas of the hospital (Orthopedic- Cardiac- Neurology- Pediatric- Oncology)

Activities and Interests:

- Oversee the Basic Certification courses and Seminars in Lymphedema management through the Academy of the Lymphatic Studies from inception till present.
- Managing the Breast Cancer awareness in the Kingdom. Coordinating and participating in all teaching activities, organizing lectures, workshops and seminars and managing community participation in the breast cancer awareness campaign and representing Zahra Breast Cancer Association in conferences and Symposia.
- Inaugural member of the Saudi Physical Therapy Association (SPTA). Founding member of the Professional Development committee, the Community Service committee, and the Resource Development committee.
- Member of the International Society of Lymphology (ISL).
- Member of the National Lymphedema Network (NLN).
- Extensively involved in the Training, regulations and policy development as well as Competency development in the field of Lymphedema. Also involved in the organizing and delivery of presentations, workshops, seminars as well as conferences in Hospitals in the kingdom.

Awards and Achievements:

- First Saudi Certified in Lymphedema Management.
- Founder of the Lymphedema service at King Faisal Specialist Hospital.
- Reference, resource and Senior Mentor for Lymphedema Therapists in Saudi Arabia. Coordinated the development of Lymphedema services at the King Fahad medical City and Sultan Humanitarian City.
- Co-Founder, board member and treasurer of the board of Zahra Breast Cancer Association, Riyadh, Saudi Arabia since 2007.

- Outstanding Achievement in Women’s Health 2017. As recognized by the Saudi Physical Therapy Association (SPTA).
- Member of the scientific committee of the 3rd Saudi Physical Therapy Association Conference SPTA 2019.
- Multiple speaker (2 times) at the King Abdulaziz Centre for National Dialogue representing the Zahra Breast Cancer Association.
- Representative of Saudi Physical Therapy Association in the World Confederation for Physical Therapy, WCPT for the Section of Oncology.
- Founder of the Physical Activity section in “Blossom” Psychoeducational Program, one of Zahra’s Breast Cancer Association main programs.
- Participated in developing key strategies for the sustenance and growth of the Zahra Breast Cancer Association.
- Participated in the Executive Education Program for Nonprofit organizations in Saudi Arabia hosted and conducted by the Columbia University Graduate school of Business, 2009, 2010.
- Talent Development Program at King Faisal Specialist Hospital & Research Centre Graduate 2015 (18 months’ management development program)
- Diploma in the Art and Science of Neuro Linguistic Programming (NLP), 2003.
- “The 7 Habits of Highly Effective People”, from Franklin Covey middle east, Riyadh, Nov 1-3, 2010.
- Speaker at King Saud University for Management module of the Physical Therapy program. Participated in the Largest Human Awareness pink ribbon, October 2010. as well as the 10 KSA pink ribbon which broke the word record 2015.

Additional Information:

- Computing skills: MS word, power point, Internet explorer.
- Fluent in Arabic and English- Reading, writing and speaking conversationally and professionally.
- Organizing and planning skills.
- Talent development and team building skills

References:

Available upon request.